# OutSmart

# 5 Tools to Supercharge Your Acupuncture Clinic

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# The Tools
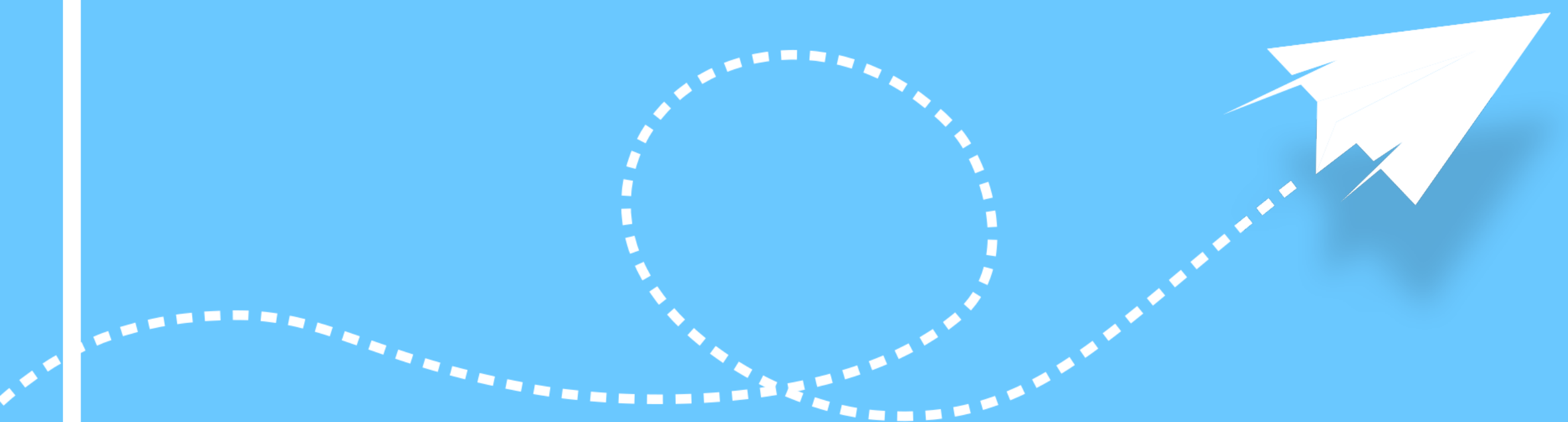
# Thank You

*Welcome to 5 Tools to Supercharge Your Acupuncture Clinic.*

I'm Dr. Priya Prakash, Naturopathic Doctor. I wanted to personally thank you for downloading this guide.

I've practiced acupuncture for a decade, so I can relate to the aspects of practice that take up your time.

In this guide we'll explore the tools that are going to make your acupuncture charting a breeze so that your practice can thrive.

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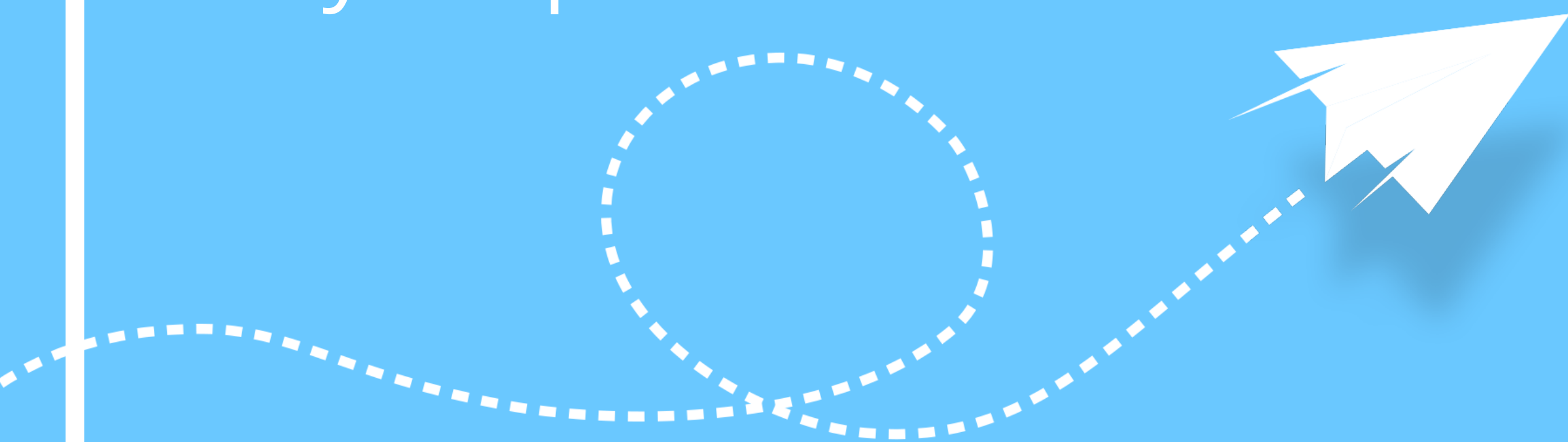
*So, what does it mean to supercharge your acupuncture practice?*

Supercharging your practice means having all the systems and tools in place so you can focus on taking care of your patients instead of being hampered with paper charting, backlogs, and broken systems & processes.

Fortunately, we have identified 5 ways to really supercharge your acupuncture practice, by optimizing the flow of your appointments.

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# Tool #1 :
# TCM Pulse Templates

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| | | Superficial | Medium | Deep | Quality | Notes |
|---|---|---|---|---|---|---|
| Cun | Ht | 1 | 1 | 2 | × Floating | Click here to type... |
| Guan | Lv | 1 | 0 | 1 | × Choppy | Click here to type... |
| Qi | Ki Yin | 2 | 2 | 2 | | Click here to type... |

Choppy
Floating
Deep
Superficial
Fast
Slow
Full
Thin

**RIGHT**

| | | Superficial | Medium | Deep | | Notes |
|---|---|---|---|---|---|---|
| Cun | Lu | 3 | 2 | 3 | | Click here to type... |
| Guan | Sp | 1 | 1 | 1 | | Click here to type... |
| Qi | Ki Yang | 0 | 0 | 0 | × Weak | Click here to type... |

Click here to type...

Taking your patient's pulse is one of the most common assessment methods you do. As you know, it can be very time consuming to write each and every position: that you have turned their wrist, which side you examined, and what characteristics they have.

But imagine how simple it would be to have all of these different characteristics saved into one convenient template for easy access.

By implementing a *TCM Pulse Template*, all of the pulse assessment characteristics are already there for you.

All you have would have to do is select them from the drop down menu within OutSmart EMR. Not only does this save you time, but you also don't need to recreate a new chart for every new patient.

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# Tool #2: Acupuncture Protocols and Points

As an acupuncturist, I'm sure you can agree that having to write each and every point down and which side you addressed can be exhausting - not to mention cumbersome.

By having an *Acupuncture Points Template* within your EMR you have access to all the points you need in your custom library. With the click of a button you'll have access to a dropdown menu where you can select which set of points you used, whether it was both sides or only one side, and you can add in any additional notes.

Additionally, this can be saved as a protocol for your patient's next visit.
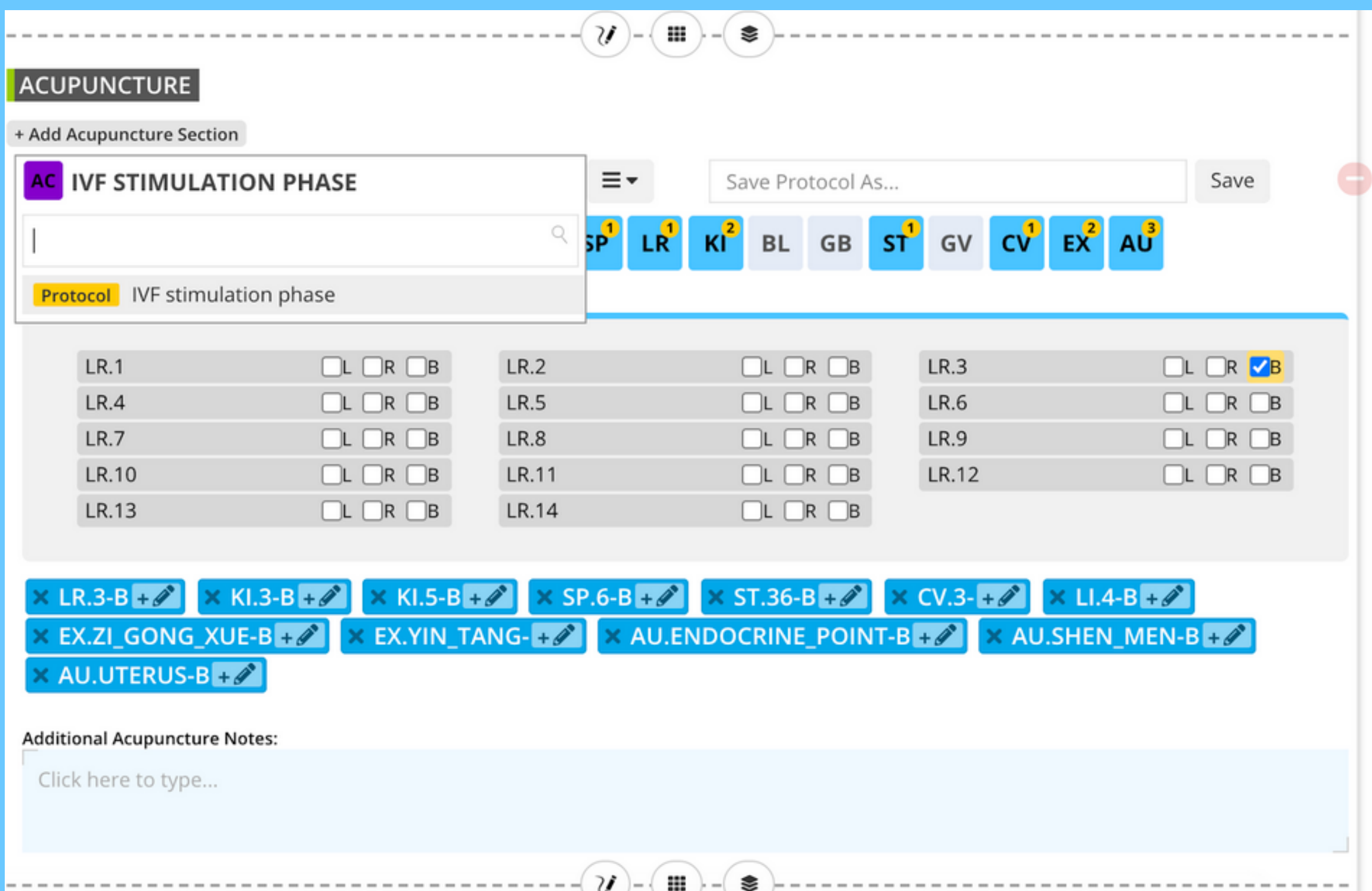
Speaking of protocols, an *Acupuncture Protocol* is an incredibly useful time-saving tool. It lets you save a set of acupuncture points that you routinely use for a particular type of treatment into a template, which you can add to your chart at the click of a button.

For example, let's say you are seeing a patient for IVF acupuncture. This is a situation where you might use an acupuncture protocol.

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All you have to do is:

- Create template

- Name the protocol (we'll use IVF stimulation phase)

- Select the points

- Save it

And you're done! The next time you see a patient for IVF acupuncture, you can just select this protocol right from within your chart in OutSmart EMR, and modify it as needed for your patient.

Another aspect to note is that you can use *Acupuncture Protocols* from a previous chart. They can easily be copied over into the current cart for every patient visit. Changes can still be made, however it is a lot easier to modify information that is already there, than to create it from scratch every time your patient comes for their weekly acupuncture session.

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# **Tool #3: TCM Diagnosis List**
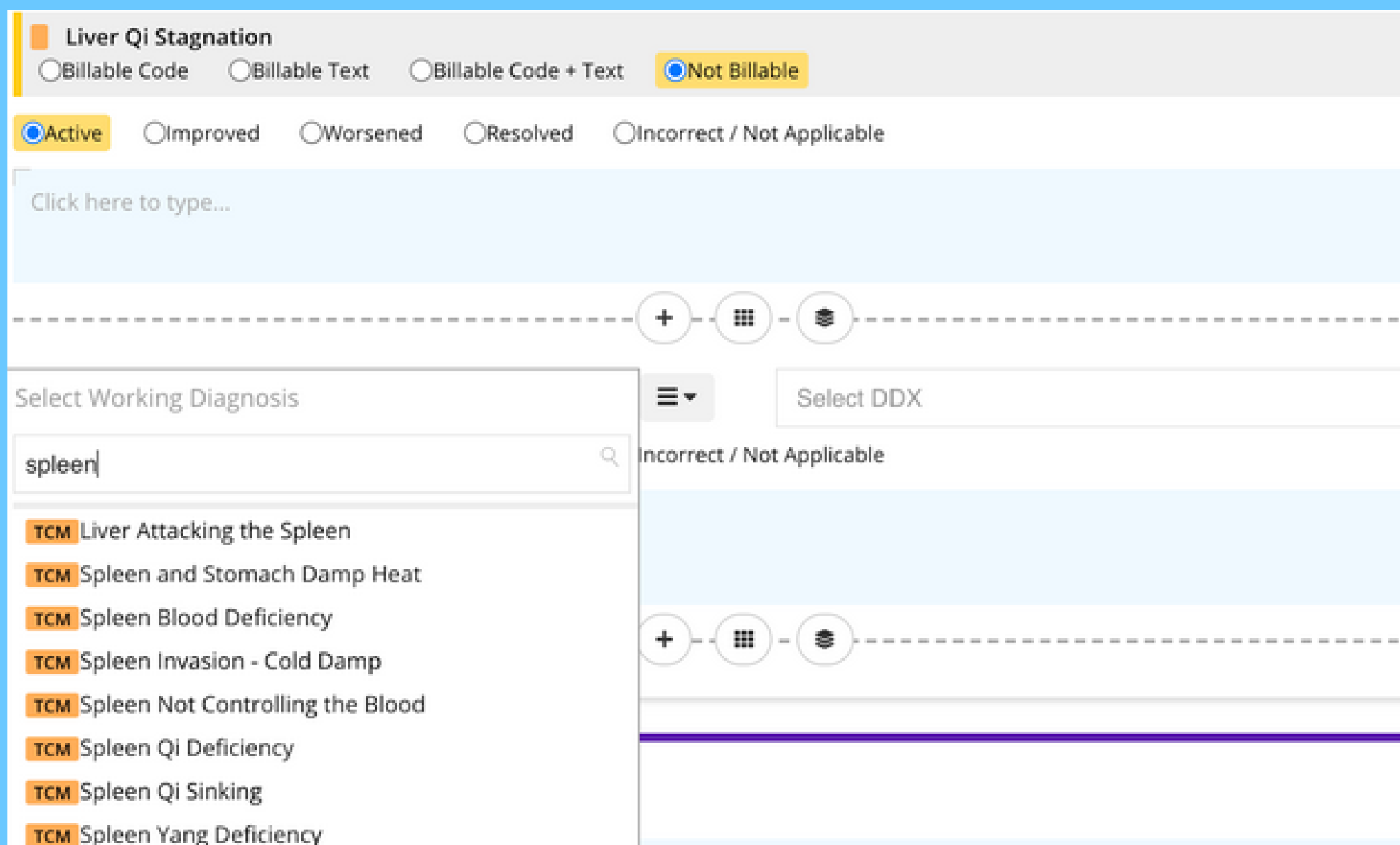
An EMR with a *Diagnosis List* is a must when treating a patient; because it allows you to save time and chart less. Think about how simple your life will be when you have access to a library of TCM specific diagnoses required for your patients. All you need to do is begin typing the first few letters of your diagnoses and a drop down menu will appear with all the suggestions.

Depending on your diagnoses it may be incredibly specific - therefore by having a diagnosis list you are not only saving time but also being as accurate as possible.

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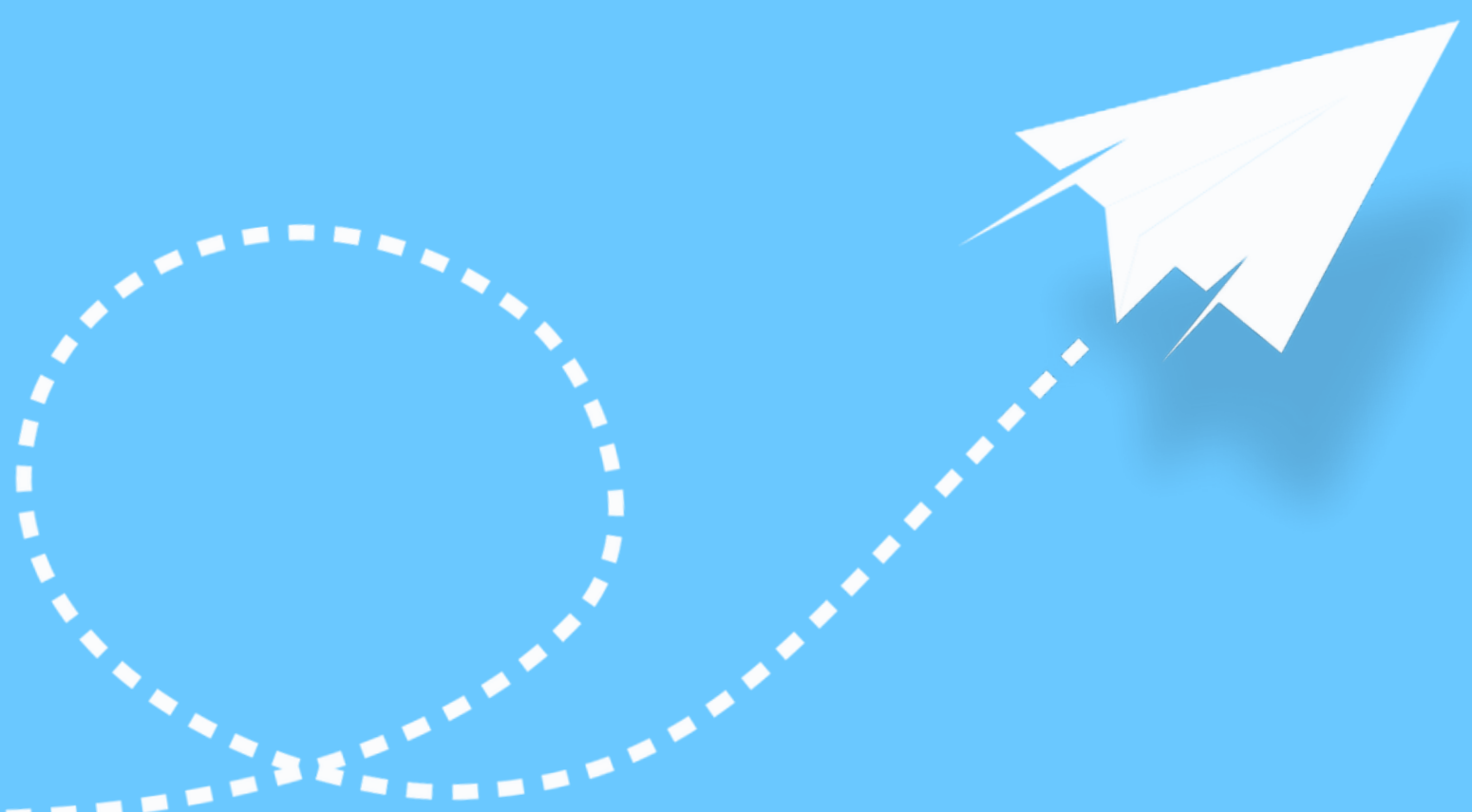# Tool #4: Tongue Diagnosis Chart
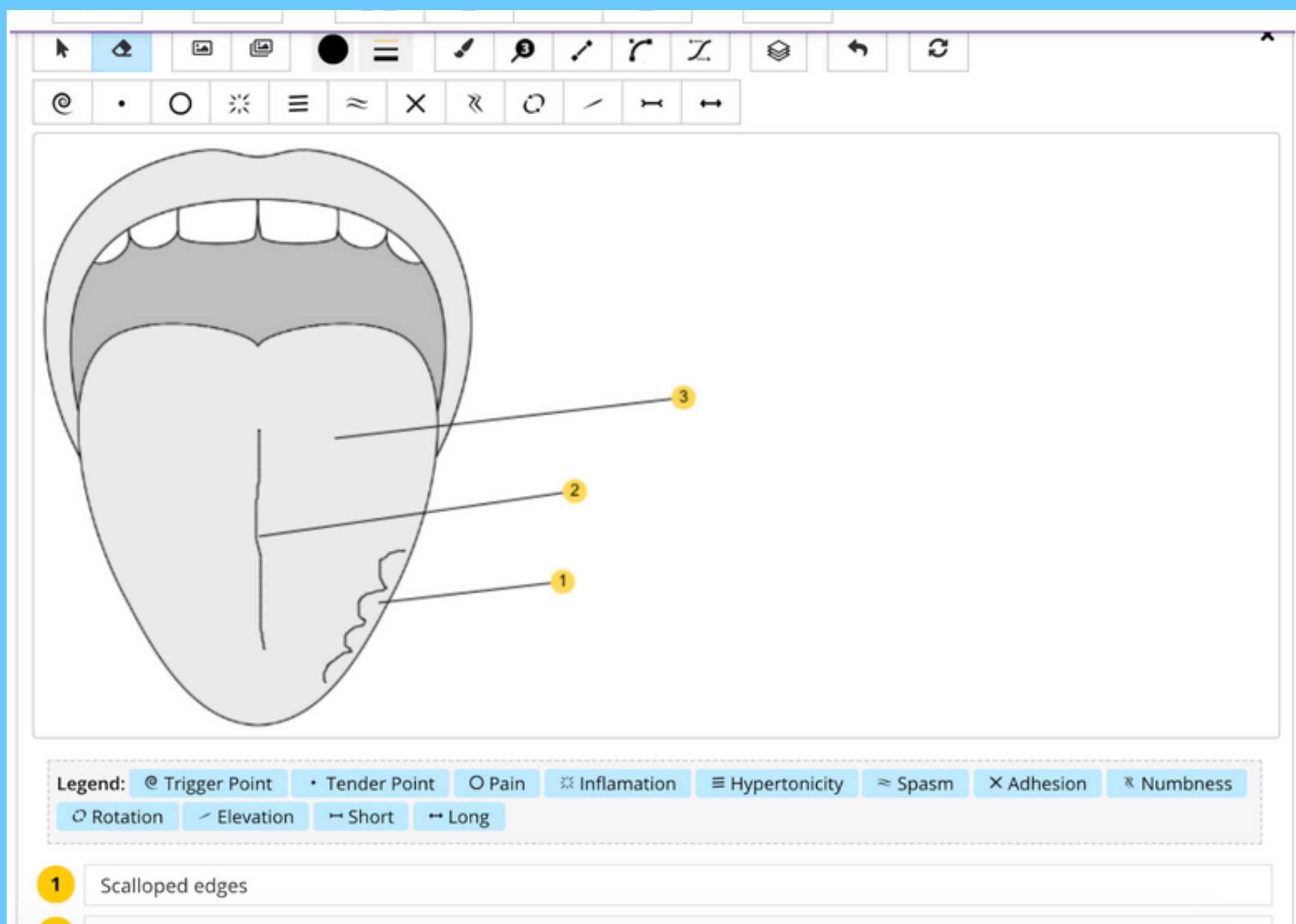
When assessing a patient, quite often you will need to look at their tongue. However, having to draw it out and include every detail is very tiresome. Imagine being able to upload images or have a pre-built template which you can draw or make annotations on.

These are the advantages of having a *Tongue Diagnosis Chart* within your EMR. It gives you free rein to put annotations on any of your images and draw freely without the hassle of papers and charts.

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This feature would be ideal and not only gives you the ability to show them visually what is going on, but also how you're going to treat them.

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# Tool #5: TCM Questionnaire Template

There are a lot of specific and unique questions you need to ask your patients in order to get an idea about what's going on with them. Think about how easy it would be if you had a pre-made template for initial intake visits.

With Outsmart, you get access to a *TCM Questionnaire Template* that is built right into the charting interface!

By using this template it makes intake visits really easy - all you have to do is follow the questions to ask and add in the answers instead of typing everything out.

# Let's Supercharge!

Saving time is the most important aspect of an acupuncture EMR system because when you have all the tools you need in one place, you can spend less time charting and more time with your patients. With OutSmart EMR, which includes the 5 tools featured in this guide, you will be ready to supercharge your acupuncture clinic!

Are you ready to take the next steps to supercharge your practice?

Click here to book a demo of OutSmart EMR today: https://www.outsmartemr.com/book-a-demo/